



# Girls on the Run is so much fun!

We inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.

## 2016 Fall Season

Grades 3-5

Season begins:  
**September 19<sup>th</sup>, 2016**

Location:  
**Hill Elementary School**

Meeting days and times:  
**Mondays and Wednesdays  
3:45-5:00 pm**

## Program Fees:

Standard (June 24-Sept 18)     \$136

Late (Sept 19-Sept 23)     \$150

Girls receive 20 lessons, materials, snacks, gear (water bottle, cinch bag, T-shirt, and medal) parent guide, and entry into the celebratory 5K.



For registration or more information:

[www.girlsontherun.org](http://www.girlsontherun.org)

Birmingham Family YMCA  
Erin Hitchcock  
[ehitchcock@ymcadetroit.org](mailto:ehitchcock@ymcadetroit.org)

\*Scholarships/payment plans are available through the YMCA. Please call for more information.

